

TORY STARZYK, DO, MA, FAAD

EDUCATION & TRAINING

HCA FL Largo Hospital, Largo, FL <i>Dermatology Resident, PGY2-PGY4</i>	Jun 2026
Providence Sacred Heart Medical Center, Spokane, WA <i>Transitional Year Resident, PGY1</i>	Jun 2023
Western University of Health Sciences, COMP-Northwest, Lebanon, OR <i>Doctor of Osteopathic Medicine, Highest Honors, Lifestyle Medicine Scholar</i> • GPA: 98.89 • Class Rank: 3/103	May 2022
The University of Chicago, Chicago, IL <i>Master of Arts, Social Science, Concentration: Medical Anthropology</i>	Jun 2016
Cornell University, Ithaca, NY <i>Bachelor of Science, Biology & Society; Minors: Global Health, French Studies, Natural Resources; Dean's List</i>	May 2013
American Institute for Foreign Study, Cannes, France <i>Study Abroad, Coursework in French</i>	Jan–May 2011

HONORS AND AWARDS

Dermatopathology Bowl 1 st Place Team American Academy of Dermatology Conference	Mar 2024
Clinical Specialty Award in Dermatology Western University of Health Sciences, COMP-Northwest	May 2022
Academic Achievement Award Western University of Health Sciences, COMP-Northwest	May 2022
Glasgow-Rubin Citation for Academic Achievement American Medical Women's Association	May 2022
President's Society Award Western University of Health Sciences, COMP-Northwest	Apr 2021
Sigma Sigma Phi Honor & Service Society Western University of Health Sciences, COMP-Northwest	Jan 2020–May 2022
Dean's List Western University of Health Sciences, COMP-Northwest	Aug 2018–Jun 2020
Summer Institute for Medical Students Scholarship Hazelden Betty Ford Center, Rancho Mirage, CA	Aug 2019

WORK EXPERIENCE

Teaching Assistant WesternU COMP-Northwest, Lebanon, OR • Taught and supported first-year medical students in learning OMT techniques and OMM course objectives	Aug 2019–Mar 2020
Senior Clinical Informatics Specialist Oak Street Health, Chicago, IL • Managed, trained, and evaluated scribes while collaborating on population health projects with providers and administrators • Observed and recorded patient encounters, documented medical decision making, managed EMR	Sep 2016–Jun 2018
Yoga Instructor/Coach CorePower Yoga, Chicago IL • Taught yoga students in Hot Power Fusion and Core Restore formats • Co-led Teacher Training and coached new yoga instructors	Mar 2016–Jun 2018
Certified Pharmacy Technician, CPhT CVS, Pleasant Valley, NY • Prepared and distributed prescriptions as a nationally certified pharmacy technician under the supervision of pharmacists	Sep 2014–Jul 2015
Training Coordinator Women's Global Health Initiative, Weill Cornell Medical College, New York, NY • Organized bi-annual Women in Global Health Seminars; Facilitated monthly research-in-progress meetings • Developed institutional health & safety protocols and pre-departure training for workers in resource-poor settings	Jan–Jul 2015
Teacher Teach for America, Hyde Leadership Charter School, Bronx, NY • Taught 6th, 7th, and 8th-grade special education and science and managed a caseload of IEPs • Special Projects: Hyde's first science fair, Homework Help Club, Science Department Field Trips	Jul 2013–Jun 2014
Tea Consultant Harney & Sons, New York, NY • Taught customers about tea tasting and production as a temporary sales worker for the holiday season	Aug–Dec 2013

LEADERSHIP

- Chief Dermatology Resident | HCA FL Largo Hospital, Largo, FL** **May 2025–Jun 2026**
- Oversaw resident education, clinical duties, and administrative tasks for nine dermatology residents
- Resident Committee Member | Florida Academy of Dermatology** **May 2025–Jun 2026**
- Served on leadership committee to improve dermatology resident education and advocacy in the state of Florida
- Cosmetic Grant Writer | HCA FL Largo Hospital, Largo, FL** **Jul 2024–Jun 2026**
- Applied for and secured grants for resident education from Allergan, Galderma, Merz, and Evolus
- Medical Student Liaison | HCA FL Largo Hospital, Largo, FL** **Jul 2023–Jun 2024**
- Coordinated rotation in dermatology and served as point of contact for 50 auditioning medical students
- Co-Creator | Book Biopsy, Podcast, Portland, OR** **Aug 2020–May 2022**
- Recorded, edited, and published a podcast that discusses the medical student experience through the lens of works of literature
- Wellness Advocate | Student Government Association, Lebanon, OR** **Oct 2019–May 2020**
- Organized on-campus programs related to wellness and supported classmates during the pandemic via weekly virtual activities
- President | American Medical Women’s Association Club, Lebanon, OR** **Jan 2019–Jan 2020**
- Led meetings and organized events to advance women in medicine; represented chapter at Centennial Congress of the MWIA

COMMUNITY SERVICE

- Resident Physician Volunteer | Clearwater Free Clinic, Clearwater, FL** **Jul 2024–Jun 2026**
- Lead a team of three volunteers to conduct skin cancer screenings and treat and diagnose dermatologic conditions
- SPF 5K Volunteer | Melanoma Research Foundation, Seminole, FL** **May 2023–Jun 2026**
- Organized race to raise funding for Melanoma Research Foundation and offered community education on sun safety
- Student Doctor Volunteer | Oliver Station Clinic, Portland, OR** **Apr–Jun 2021**
- Introduced a new program that educates patients on skin cancer prevention and advised patients on prevention techniques
- Yoga Instructor | MEDWell, Lebanon, OR** **Jan 2019–May 2020**
- Taught free weekly community yoga classes as part of a wellness initiative at WesternU, COMP-Northwest
- Volunteer | Planting Seeds of Change, Lebanon, OR** **Sep 2018–Mar 2020**
- Gardened at the Veterans Affairs home vegetable garden to support veterans and promote healthy eating
- Global Health Field Worker | Projects Abroad, St. Louis, Senegal** **Jun–Aug 2012**
- Taught English, French, Health, Math; Supported healthcare delivery to talibé children, Le Centre des Jeunes en Difficultés

RESEARCH

- Resident Researcher | HCA FL Largo Hospital, Largo, FL** **Jul 2023–Jun 2026**
- Silva V, **Starzyk T**, Fardos M, Amid-Toby G, Tolkachjov SN. Reducing Waste in Dermatologic Surgery: An Evidence-Based Review of Sustainability Strategies. *Dermatol Surg*. Published 2026 Jan 2.
 - **Starzyk, T**, Aust, N, Schur, N, Miller, R. Comedogenicity in Cosmeceuticals: A Review of Clinical Relevance, Regulatory Gaps, and Future Directions. *JAAD Reviews*. Published 2025 Dec.
 - **Starzyk, T**, Zaki, M, Reme, B, Moon, S. Oral Tranexamic Acid for Lichen Planus Pigmentosus Inversus: A Case Report of Therapeutic Success. *JAAD Case Rep*. Published 2025 Oct 8.
 - **Starzyk, T**, Edupuganti, N, Celik, A, Banull, K. Inked and Infected: A Case That Highlights the Emerging Concern of Tattoo-Associated *Mycobacterium abscessus*. *JAAD Case Rep*. 2025; 62:121-123. Published 2025 Jun 19.
 - Fardos M, Silva, V, **Starzyk, T**. Common hair trichoscopy structures: Histopathological and clinical correlations. *AAD DermWorld*. *AAD Boards Fodder*. Published 2024 Winter.
 - **Starzyk, T**. Unlocking the Latest in Toxins. *Modern Aesthetics*. Published 2024 Nov/Dec.
 - **Starzyk T**, Nikakis J, Ross R. Drug-induced linear IgA bullous dermatosis with extensive mucosal involvement. *JAAD Case Rep*. 2024; 52:77-79. Published 2024 Aug 10.
 - Silva, V, **Starzyk, T**, Buchanan, K. Dermoscopic approach to melanocytic lesions on the volar skin. *AAD DermWorld*. *AAD Boards Fodder*. Published 2024 Fall.
 - Silva, V, Fardos M, **Starzyk, T**. Dermoscopic structures and their histopathological and clinical correlations. *AAD DermWorld*. *AAD Boards Fodder*. Published 2024 Summer.

Medical Student Researcher | WesternU COMP-NW, Lebanon, OR **Jan 2019–May 2022**

- **Starzyk, T.** Klippel-Trenaunay Syndrome: a review of management and treatment of lower extremity vascular malformations. *Extremities Journal*. Published 2022 Apr.
- **Starzyk, T.** Melkersson-Rosenthal Syndrome. *AOCD Dermatologic Disease Database*. Published 2021 Dec.
- **Starzyk T,** Olsen R, Baltazar D, Sledge B, Mengesha Y. Mucocutaneous drug reaction after treatment with Phosphatidylinositol-3-kinase inhibitor. *JAAD Case Rep*. 2021; 19:25-27. Published 2021 Nov 16.
- **Starzyk, T,** Koo, J. How to improve the interface between dermatology and psychiatry: A review and expert suggestion regarding the management of delusional patients. *Dermatol Online J*. 2021; 27(10). Published 2021 Oct 15.

Research Assistant | University of Chicago, Survey Lab, Chicago, IL **Aug 2016–Mar 2017**

- Conducted in-person field interviews; collected and managed data to examine health care needs of communities in South Chicago

Graduate Student Researcher | University of Chicago, Social Sciences, Chicago, IL **Sep 2015–Jun 2016**

- Designed and implemented independent IRB research project; MA Thesis: Epistemologies of Treatment-Resistant Depression

PRESENTATIONS & POSTERS

Florida Academy of Dermatology Annual Meeting **May 15, 2026**

- Presented poster “Photodistributed Hyperpigmentation Associated with Kratom Use”

American Academy of Dermatology Annual Meeting **Mar 27, 2026**

- Presented original research “Photodistributed Hyperpigmentation Associated with Kratom Use”

American Society for Dermatologic Surgery Annual Meeting **Nov 13–16 2025**

- Presented original research “Rethinking Comedogenicity in Cosmeceuticals”

Skin of Color Update **Oct 3–5 2025**

- Presented poster “Oral Tranexamic Acid for Lichen Planus Pigmentosus Inversus: A Case Report of Therapeutic Success”

International Congress of Dermatology **June 18–21, 2025**

- Presented poster “Inked and Infected: Highlighting the Emerging Concern of Tattoo-Associated Mycobacterium Abscessus”

Pigmentary Disorders Exchange Symposium **June 7, 2025**

- Presented poster “Oral Tranexamic Acid for Lichen Planus Pigmentosus Inversus: A Case Report of Therapeutic Success”

HCA HealthCare/USF Morsani College of Medicine GME Poster Exhibition **April 18, 2025**

- Awarded 2nd place for “Inked and Infected: Highlighting the Emerging Concern of Tattoo-Associated Mycobacterium”

AOCD Spring Trends in Dermatology Conference **Feb 20–23, 2025**

- Presented poster “Inked and Infected: Highlighting the Emerging Concern of Tattoo-Associated Mycobacterium Abscessus”

Florida Academy of Dermatology Conference **Jun 28, 2024**

- Presented original research at general session “Drug-Induced LABD with Extensive Mucosal Involvement”
- Presented poster “Drug-Induced Linear IgA Bullous Dermatitis with Extensive Mucosal Involvement”

HCA HealthCare/USF Morsani College of Medicine GME Poster Exhibition **May 22, 2024**

- Awarded 5th place for “Drug-Induced Linear IgA Bullous Dermatitis with Extensive Mucosal Involvement”

Atlantic Dermatology Conference **May 2–4, 2024**

- Presented poster “Drug-Induced Linear IgA Bullous Dermatitis with Extensive Mucosal Involvement”

Northwest Medical Research Symposium | Providence Sacred Heart Medical Center **Apr 13, 2023**

- Presented poster “Apremilast for generalized granuloma annulare: a case series of eight patients”

COMP-NW Research Symposium | Western University of Health Sciences **Dec 10, 2021**

- Presented poster “Delusional Infestation: a review regarding therapeutic management”

Dermatology Medical Student Virtual Symposium | Brigham and Women’s Hospital **May 26, 2021**

- Presented poster to live virtual audience on “Immunotherapy with alpelisib and cutaneous eruptions”